

# Lenten Season



## SCHEDULE

February 14	Ash Wednesday	7 pm	St. Isidore Parish, Plamondon
March 24	Palm Sunday	9 am 11 am	St. Therese Parish, Breynat St. Isidore Parish, Plamondon
March 26	Chrism Mass	7 pm	St. Paul Cathedral, St Paul, AB
March 28	Holy Thursday: - Mass of the Lord's Supper	7 pm	St. Isidore Parish, Plamondon
March 29	Good Friday: - Way of the Cross - The Passion of the Lord	2:30 pm 3 pm	St. Isidore Parish, Plamondon
March 30	Easter Vigil	9 pm	St. Isidore Parish, Plamondon
March 31	Easter Sunday	9 am 11 am	St. Therese Parish, Breynat St. Isidore Parish, Plamondon
	The Way of the Cross	Every Friday at 7 pm before Mass	Beginning on February 16 until March 22 except on March 01

**Ash Wednesday:** Lent begins with Ash Wednesday, a day of fasting, prayer, and repentance. It is customary to receive ashes on the forehead as a visible sign of our mortality and a call to repentance.

**Palm Sunday:** The Sunday before Easter commemorates Jesus' triumphal entry into Jerusalem, setting the stage for Holy Week.

**Holy Thursday:** Commemorates the Last Supper, where Jesus instituted the Eucharist and washed the disciples' feet.

**Good Friday:** Reflects on the crucifixion and death of Jesus on the cross.

**Holy Saturday:** A day of solemn anticipation and preparation for Easter Vigil.

**Easter Vigil:** The Easter Vigil is a beautiful and profound liturgy that celebrates the resurrection of Jesus Christ. It begins in